

Planet Earth

If we look after the pennies the pounds will look after themselves! The Financial Crunch is hitting us all. Have we done our bit to save on energy costs such as electricity, gas and water by reading our meters and seeing where we can cut costs?

Doing away with plastic bags and recycling plastics, glass, bottles, jars, paper, cardboard, batteries etc, not forgetting our compost heaps – with all our bits and pieces from Kitchen and Garden.

As a food producer I was interested to read on the side of the recycling lorry which collects our boxes that 30% of all food we buy gets thrown away; with half the world starving what a waste!!

Why not buy what we want when we need it. All of those out-of-date vegetables, bread, cakes, jars and tins out of our cupboards and freezers goes into landfill tips creating pollution and methane gas. Why not buy local produce from local sources. We are very fortunate to have so many shops and farmshops in and around our village and surrounding area, all of which supply fresh locally grown food. They need our support. A little and often is better than a bulk buy and throw away 30%.

Help save the rainforests by buying British and let the South American and African countries grow food for themselves, instead of exporting to us. They need the food at home. It is better to help them with expertise and money than buy their food.

We need to go back to basics, bring back cookery lessons in our schools, so that our children can eat good, wholesome food to keep them healthy. They can learn to prepare meals for themselves, with fresh ingredients, and not rely solely on packets or ready prepared meals.

I do not think too much blame should be cast on Cattle and Sheep for producing methane. It should be remembered that they have been here for thousands of years and sustain our lives by producing milk, butter, cheese and meat. They also eat grass that absorbs CO₂ from the atmosphere, whereas the car and aeroplane in their millions are relatively new to the universe, they do nothing to sustain life, but are just a convenient way of getting from A – B, and exhaust poisonous gases into the atmosphere.

Help Save Planet Earth and yourselves by watching those pennies!!

Happy Christmas

Bill Meredith

For The Working Group Set Up By The Parish Council